

## Tranquilising Pendant and TouchStones

Throughout the ages men and women have found difficulty in occupying their hands in moments of stress or excitement. The businessperson plays with a pen or pencil, or a bunch of keys: the labourer fumbles and fidgets in **his** pockets or toys with an item in **his** hands. In fiddling with many things people gain a measure of composure. But centuries and centuries ago, long before the age of drugs, the Ancients, the Adepts, and the Magic Makers could cure humanity of their various nervous ills and could bring tranquillity such as most people now never know. In far **off** China, Tibet, and in the Holy Temples of the Aztecs and the **Mayas**, priests laboriously shaped stones by hand whose cunningly contrived contours comforted the human brain, and by flooding the whole of that organ with comfort by pleasant tactile sensations, calmed the human body.

Unfortunately, in these days, people use recreational drugs to suppress sensations instead of elevating sensation. Long ago people who used Tranquilising TouchStones, and who used them conscientiously, did not suffer from nervous ills.

Dr Rampa's Tranquilising TouchStones, or Tranquilising Pendant TouchStones, are special devices which, when used by one owner, quickly generate much force which helps that one owner affording one the maximum of comfort. Although they **are** called "TouchStones" they can be made from stone, hard-wood, glass, or plastic. They should be held in one hand so that the symbol is face down. Then the thumb is allowed to play about **in** the two dish portions and along the groove joining them in a figure 8 motion, and, if you PRACTICE daily that, you will find that tranquillity will come upon you and a surprising relief from oppressive thoughts.

TouchStones cannot be shared, passed to another to fondle just out of curiosity, they are designed for the one person to have and hold. Storing such an item should be away from other trinkets and where others cannot get hold of it.